

The Concerned Other - PACT

- **Introduction**
 - 2.1 What have you tried so far?
 - 2.2 How PACT changes your loved one's use
 - 2.3 Temptations and Threats
- **Assessment**
 - 2.4 Comprehensive Assessment
 - 2.5 Mood Screener
 - 2.6 CES-D Depression Scale
 - 2.7 Life Audit
 - 2.8 My Better Life
- **How to get your loved one into Treatment**
 - Rapid Entry Procedure
 - 2.9 Readiness Assessment
 - 2.10 Readiness Approach
 - Treatment Entry- Competing Rewards
 - 2.11 Rewards for the Loved One
 - 2.12 Problem Solving
 - Treatment Entry – Communication Skills
 - 2.13 Flashpoints
 - 2.14 Reducing Conflict
 - 2.15 The 'I' Message
 - Treatment Entry – Disable Enabling
 - 2.16 Assessing Enabling
 - 2.17 Others Enabling
 - Treatment Entry – Withdraw Without Conflict
 - 2.18 Preparing to Withdraw
 - 2.19 Functional Analysis Logs
 - 2.20 Intervention Plan
- Treatment Entry:
 - 2.21 Barriers and Hooks to Treatment
 - 2.22 What help is out there?
 - 2.23 Bringing up the subject of treatment
- **How to Reduce Pressures on the Concerned Other**
 - Reducing the concerned other's stress
 - 2.24 Domestic Violence Assessment
 - 2.25 Emergency Plan
 - 2.26 Domestic Violence Functional Analysis
 - 2.27 Domestic Violence Intervention Plan
- **How to Improve the Quality of Life for the Concerned Other**
 - Improve the Concerned Other's Quality of Life
 - 2.28 Identify Social Support
 - 2.29 Building Social Support
 - 2.30 Improving Coping
 - 2.31 My Strengths
- **How to Support the Loved one in Treatment**
 - Support the Loved One in Treatment
 - 2.32 Understanding Slips
 - 2.33 Risk Factors
 - 2.34 Strengthening Attendance
 - 2.35 Dealing with Setbacks
 - 2.36 Setback Plan
- **Ending**
 - Carefrontation
 - 2.37 The Carefrontation
 - Crisis Termination
 - 2.38 When is it Time to Quit?
 - Treatment Closure
 - 2.39 Closure and Review